# FQUNDATIONS for Tomorrow

2014 Annual Report



rinity Services, Inc., is a nonprofit, nonsectarian organization serving people with intellectual disabilities and mental health needs. Founded in 1950 as the Trinity School in Joliet, it now serves over 3,500 people each year in 30 communities in northeastern Illinois (including Chicago); central and southwest Illinois; and Reno, NV. In addition to the school program, Trinity provides adult learning, employment and behavioral health services, and residential options to more than 600 people at over 100 sites.



#### TRINITY SERVICES BOARD OF DIRECTORS

Raymond McShane, Chairperson Jan Agazzi Scott Creech Barbara Hall Bob Libman Barbara McGoldrick Ken Stromsland Rolf Troha Art Dykstra, Executive Director

#### TRINITY FOUNDATION BOARD OF DIRECTORS

George Troha, Chairperson Robert Borgstrom Klint DeGeus Mike Sieling John Slack Charley Smith Art Dykstra, Executive Director

#### **EXECUTIVE STAFF**

Ray Carmody Trudy Curtis Lisa Dillon Art Dykstra Thane Dykstra Mickey Gossen Lori Hausherr Jennifer Hodges Holly Janczak Sherry Ladislas Sharon Parker Sally Ritchey Mike Sieling Trina Sieling

### Message from the President of the Board

This has been a momentous year for Trinity Services. More than 60 years after Trinity's founders came together to create a school for a handful of children with disabilities, and after a lengthy capital campaign supported by many generous donors, Trinity Services moved into its newly constructed central office in the Village of New Lenox Commons in November of 2013.

Even though I have been involved with Trinity for decades, I am awestruck when I think of how Trinity has changed over the years. I can't help but wonder what the founding

families and their supporters would think if they could see what has become of their little school. The sapling they planted has grown into a mighty oak tree.

They would be amazed at how Trinity is taking advantage of technology to not only improve the quality of life for the people we serve, but also the quality of service delivery. Our founders would also be pleased to know that Trinity is using social media to promote fundraising events, cultivate relationships, increase awareness of the supports and services it offers, and provide new opportunities for people to donate online.

In keeping with Trinity's commitment of creating new solutions to ongoing challenges, Trinity began construction on a 16-unit supportive housing apartment complex in DuPage County for people with mental illness. And, Trinity formed a partnership with Special Connections to provide employment services for people with developmental disabilities in Grundy County.

While so much of Trinity has changed since it was established 64 years ago, one thing has not—our commitment to helping people with disabilities and mental illness live full and abundant lives.











Top photo: Trinity's mascot, Lillie Leapit, approves of the lively lunchroom, named the Lillie Pad Cafe, at the new corporate headquarters. Middle: Looking over the building plans are Ray Carmody, Trinity's director of operations, and Lori Lollock, the residential manager. Above: Qualified Developmental Disability Profressionals (QDDPs) confer in their new workspace at 301 Veterans Parkway.

### New building enhances efforts

Since its inception in 1950, Trinity has strived to be a good steward of the resources it has, financial and otherwise. As the organization has grown from serving a handful of people in its early years to over 3,500 people annually; its central office continued to operate out of the original building on Gougar Road, with satellite offices operating out of leased properties.

In 2001, both the Trinity Services' and Trinity Foundation Boards of Directors recognized the need for a much larger building and launched the Expanding Horizons capital campaign. The original plan was to build on property owned by Trinity in Joliet in unincorporated New Lenox Township. Initially envisioned as a four-year campaign, the effort lasted longer than expected due to the economic downturn, and the recession of 2008 put the project on the back burner.

Fortunately, Trinity Services became aware of the availability of an unfinished building in the Village of New Lenox Commons and was able to purchase the 38,500 square foot building on a short sale. This purchase saved a considerable amount of money and had the added benefit of being located within the heart of town.

One of the biggest advantages of the new space is that it allowed Trinity to move almost all administrative and professional staff to one location for better internal communication. From a financial perspective, the move eliminated the rent paid for five offices previously located in leased spaces. Trinity also saved costs related to office equipment and gained efficiencies related to staff time and travel.

We are grateful to the many generous donors who made the Expanding Horizons capital campaign a success.

### Responding Where Needs Arise

### The Landings on Villa in DuPage County

Trinity is constructing a new, 16-unit apartment building in Villa Park, IL. The Landings on Villa features apartments for adults with mental health needs. Construction is scheduled to be completed sometime in the summer.

The building's first floor will feature an office and a community room for residents' use. The second and third floors will contain 16 apartments. They include four studio units, 10 one-bedroom units, and two 2-bedroom units. Persons living at The Landings must meet federal guidelines and their household income must be less than 50% of median family income as set by HUD. Residents will have close access to learning, recreation and fitness options; social interaction; and professional services.

Funding is being provided by the U.S. Department of Housing and Urban Development (HUD), and the Permanent Supportive Housing Program of the Illinois Housing Development Authority (IDHA). Trinity is also receiving support from the DuPage County Housing Authority, which provides grants for housing that serves low-income residents.

A majority of the funding needed to sustain The Landings on Villa is derived from two sources: the Illinois Department of Human Services – Division of Mental Health, and fees for service that individuals will pay with their federal Social Security (SSA) and Supplemental Security Income (SSI) benefits.

### Special Connections in Grundy County

Trinity began a partnership with Special Connections of Grundy County to provide services to persons who have developmental disabilities. The new program offers supported employment and respite services in the greater Morris, Illinois, area.

At Special Connections, the primary focus is providing social and recreational opportunities. This partnership furthers its goal of bringing employment and residential options to the region as well.





Above: The Landings on Villa, a new 16-unit apartment building, provides supportive housing for low-income persons who have mental illness and/ or developmental disabilities.



Trinity open house at the new Grundy-based program in Morris, IL. (From left) Trinity Director of Fund Development Sherry Ladislas, Trinity Executive Director Art Dykstra, State Sen. Sue Rezin, State Rep. John Anthony, Trinity Director/Special Connections Board President Jennifer Price and Supported Employment Director Kevin Schaefer.

### Leveraging the Power of Technology **Social Media** Trinity was invited by The Coleman Foundation to participate in a matching grant through Giving Tuesday, which follows Thanksgiving weekend (Black Friday, Cyber Monday, Giving Tuesday). This social media giving campaign is designed to remind holiday shoppers to support their favorite nonprofit organizations during the season of giving, and is used as a tool to help boost nonprofits' social media efforts. The Coleman Foundation offered to match. dollar-for-dollar, all donations raised online up to \$20,000 (given by individuals, not corporations) on Giving Tuesday. Trinity was able to meet that challenge and expanded its use of a variety of social media platforms and generated new supporters in the process.

### **Electronic Record-keeping**

The American Recovery and Reinvestment Act requires all public and private healthcare providers and other eligible professionals across the country to adopt electronic record-keeping by 2014 in order to maintain their existing Medicaid and Medicare reimbursement rates.

Preparing for this shift, Trinity began a pilot project with a software company and a pharmacy company to test the use of tablet computers instead of paper for its daily Medication Administration Record. The MAR not only tracks medications distributed, but also helps to ensure its proper administration. Staff at three Trinity houses are testing the electronic method. It will improve services with better communication between nurses, staff, pharmacies and doctors' offices.

Trinity also moved to a paperless document storage system for its administrative offices as well, helping to save the expense of paper copies, storage containers and space, as well as our planet.

### Adult Learning Expansion

Several Adult Learning program sites received makeovers following the opening of the new corporate office. As Adult Learning continues to grow, activities must also expand to accommodate a greater variety of individual interests, skills and life stages. Gougar Road, SEP, Frankfort and Wilmington locations were renovated, spaces were reconfigured and updated to allow for new and enhanced activities and curriculum, more social interaction, and additional technology.



Trinity's Northwest Adult Learning Program opened an exercise room with mirrors, monitors, hand weights, yoga mats, resistance bands and more. Much of the equipment has been donated and they continue to add new pieces. Many of the participants have set exercise goals and have regular activity times.



Above: Jimmy (left), Shirley (standing), and Ellen check out a photo of Ellen on a tablet computer. Trinity is working to increase the availability and use of tablets in its learning programs. Below: Participants in the Trinity Northwest area Adult Learning program now have the option of yoga class on Tuesdays. The instructor, Sarah Hanson, teaches participants how to properly do yoga exercises to help them remain limber, as well as how to meditate and focus their energy.

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### ABC 7 Chicago News Visits Trinity Barkery

Trinity Barkery workers were beaming with pride as the camera rolled and ABC 7 Chicago's news reporter Karen Meyer took a keen interest in the work they do to create Fritters for Critters all-natural pet treats.

Kathy was eager to show the crew how the reversible dough sheeter works. Think of this machine as a mechanical rolling pin that runs the dough back and forth until it reaches the desired thickness. The dough is then hand-transferred from the sheeter to a conveyor which runs the sheet of dough through a guillotine (which has special safety features) to chop the different sized bone-shaped treats. This was Ruth's charge during the filming and she was very excited to show the cameraman her important job.

Michelle and Ruth took the bones out of the dough sheet and placed them onto a tray for staff to put in the oven. Once baked, the treats are left to cool for 24 hours. The remaining dough goes back to the sheeter and the process begins all over again.

On this day, Michelle was decorating the treats baked the day before, dipping them into yogurt and adding fun sprinkles. After the decorations set, they are shrink-wrapped, weighed, and packaged. Mary was in charge of packaging during filming and also applied the ingredient label and "use by" date, manufacturing location, and the Guaranteed Analysis card as required by the Department of Agriculture.

When Fritters for Critters began, all of this was done by hand, which made quality control difficult. The purchase of the reversible dough sheeter, conveyor guillotine, and industrial oven allows for a speedier process, greater production, and greater quality control. Increased production has led to increased sales.

"It's amazing how far this business has come," said Trinity Barkery manager Shirley Lewis. "The people who work here enjoy their jobs and the relationships they've developed working as a team, and our customers enjoy supporting Trinity. But most importantly, the dogs, cats and horses whose owners give them these delicious treats are our best critics. They love 'em!"

Link to video: http://abc7chicago.com/archive/9525774/

### **Community Living**

- Homes and apartments in residential areas
- Living Centers
- Three 16-person residences for individuals with disabilities

#### **Adult Learning**

- Life skills training programs
- Horticultural therapy
- Woodworking
- Recycling
- Jewelry design

### **Behavioral Health**

- Psychosocial rehabilitation (intensive day treatment program)
- Community living programs (homes and apartments)
- Centers for dual diagnosis
- Community outreach
- NCFII / Trinity Services
- Fetal alcohol syndrome resource center
- Neurofeedback therapy and counseling
- Parent education and advocacy groups

### STRIDES

Therapeutic horseback riding program

### **Family Counseling**

- Individual therapy
- Group therapy
- Child and adolescent services
- Family therapy and couples counseling
- Court-mandated anger management
- Divorce mediation

#### Autism Center and School

- Educating children with disabilities ages 3 to 21
- Diagnostic and clinical services
- Social skills groups
- Family education
- School consultation

### **Employment Services**

- Supported employment
- Competitive employment
- Job training/coaching
- Career Access Network
- Drop-In Center

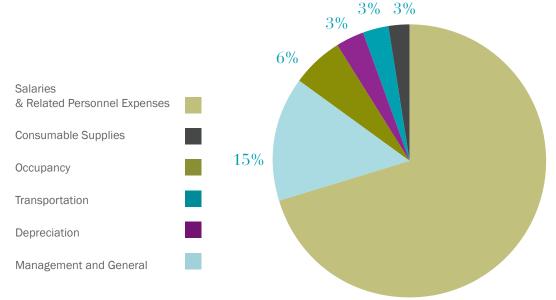
### **Crisis Prevention Network**

Prevention, consultation and training

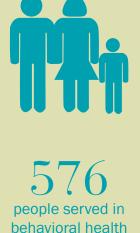


### **Financial Summary**

Revenue	2014	2013
Tuition Fees for Service Grants Contributions United Way Investment Business Income Miscellaneous	$\begin{array}{r} 1,165,795\\ 44,803,946\\ 5,644,137\\ 58,753\\ 161,520\\ 301,139\\ 501,233\\ 6,277\end{array}$	1,087,746 43,233,889 5,609,253 166,541 173,022 52,320 524,343 58,389
Total Revenue	\$52,642,800	\$50,905,503
Expenditures		
Salaries & Related Personnel Expenses Consumable Supplies Occupancy Transportation Depreciation Management and General	35,414,958 1,294,252 7,470,048 1,563,258 1,666,676 2,960,266	35,281,169 1,223,403 6,468,408 1,512,570 1,538,884 3,006,958
Total Expenditures Increases in Net Assets	\$50,369,458 \$2,273,342	\$49,031,392 \$1,874,111



129 people served in employment programs







639 people served residentially

## MISSION

To be a leader in providing the highest quality, socially responsible and cost-effective services and supports to persons with disabilities, so that they might achieve their full potential and have the opportunity to live full and abundant lives.











### **Central Office**

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