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Don't miss...



Join us for a run, walk, and socializing Thursday, June 20, with a 7 p.m. start on the Commons of New Lenox.

Mission

To provide the highest quality, person-directed services and supports to people with disabilities and mental illness so that they may flourish and live full and abundant lives.

Message from the Director

Dear Friends,

This spring season brought extraordinary joy, as Trinity celebrated the formal recognition of several individual and group achievements.

In April, the American Network of Community Options and Resources (ANCOR) named Team Leader Antoinette Morris the National Direct Support Professional of the Year. This is one of the most prestigious award ever received by a Trinity staff member. In May, Antoinette went to ANCOR's annual conference in Portland, Oregon, to accept her award. She displayed self-assurance and elegance during her acceptance speech to hundreds of leaders from around the country.

We are so proud of Antoinette. Her outstanding service to the people she supports enriches their lives, and her colleagues' lives. Please see the full story on page 3.

In April, Trinity had the honor of celebrating two additional staff members who earned awards from the Arc of Illinois. Daneyelle Anderson received the Direct Support Professional Award, and Stephanie Wilson received the Arc's Qualified Intellectual Disabilities Professional (QIDP)/Case Manager Award. We are very proud of these women. Every day, they go above and beyond for the people they support, and for their colleagues. It is gratifying to know that their excellence, which we witness on a daily basis, is recognized by our peers across the state.

A cherished, local recognition came from the Lockport Chamber of Commerce. Trinity's ROXY venue won the Adelman Improvement Award. (See details on page 2.)

As if these were not reason enough to celebrate, Trinity received two other awards this spring. For our dedication to improving the health of the people we sup-

(continued on pg. 2)



Ta-da!

Mary Beth, her family, and friends celebrate a Ta-Da! Award she received for outstanding achievements in Trinity's Culinary program. In addition to cooking, Mary Beth does excellent knitting. She overcame significant obstacles to achieve her past and current goals.

Message from the Director (continued)

port, Trinity received the Gold Award for Health Leadership Excellence from Mainstay.

The company offers My25, a wellness program that supports individuals with chronic health conditions or weight issues. The My25 toolkits include healthy menus, recipes, video cooking tutorials, and grocery lists to help people more independently manage their health. Trinity is piloting Mainstay across its residential networks.

Trinity also received a Silver Stevie® Award in the Organization of the Year – Nonprofit or Government – Large Category for the 17th Annual American Business Awards®. (Please see page 4.)

Underlying all of our efforts is the goal to ensure that people are flourishing. It is an honor to do this work, and humbling to receive recognition for it. Please join me in applauding our outstanding staff members. And, I personally commend all of you for providing us with your strong, ongoing support.

Sincerely,

Thane Dykstra, Ph.D.

In Brief

HepCats take the ROXY stage in July

The HepCats will perform at "Red, White, and Blues" from 8 to 10 p.m. on Saturday, July 19, at ROXY.

The HepCats feature Karl Maurer on guitars and vocals, Mitch Straeffer on bass, and Larry Beers on drums. They perform lively renditions of classic blues from the 1920's to today. Maurer frequently offers context on the



songs they perform, revealing interesting facts about the origins of the music. The group is generously donating their time and talent to benefit Trinity Services.

For tickets and more information, call Maggie at 815-582-1306.



Top: Trinity's Jen Klouse leads a painting class for South Korean visitors. Below: Art Dykstra, Hwa-soo Kim, Tina Fogarty, Kyung-ong Lee, and Young-sook Kim celebrate the QIDP agreement they signed.



Exporting excellence

In May, Trinity welcomed leaders in developmental disability services from South Korea. A national group there is now partnering with Trinity's National Association for QIDPs to provide QIDP certifications in South Korea. The visitors met with NAQ staff and toured some Trinity program sites.

Renovation garners local Adelman award

ROXY, Trinity's premier event venue, won the Adelman Improvement Award from the Lockport Chamber of Commerce. The award was presented at the member luncheon in May. Trinity reopened the beautifully remodeled space in February of 2018. It features an elegant, fun Art Deco theme reminiscent of the "roaring 20s". Since then, it has brought in revenue for Trinity programs via rentals to individuals, groups for a range of occasions. It is located in the heart of downtown Lockport, at 1017 S. State St.

Barkery hosts pet wellness clinic

Trinity Barkery will offer families and their pets free and low-cost services at a Pet Wellness Clinic from 4 to 7 p.m. on Friday, June 28, at 240 W. Baltimore St., Wilmington. Appointments are available online at www.justanimalsshelter.org or call the Barkery, 815-476-5104.



Trinity Services, Inc.
301 Veterans Parkway
New Lenox, IL 60451
phone 815-485-6197
fax 815-485-5975
www.trinity-services.org

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National award honors the work of a Trinity gem

Antoinette Morris named outstanding DSP by leaders across the country working in disability services

For more than 20 years, Antoinette Morris has helped people with intellectual and developmental disabilities



Justin and Antoinette at the Community Day Services program in Des Plaines.

achieve the outcomes they choose their lives. For 15 of those years, she has worked at Trinity.

Now Antoinette is being honored for her personal, outstanding achievements. The American Network of Community Options and Resources (ANCOR) named her the 2019 National Direct Support Professional of the Year.

Antoinette was selected from a field of almost 350 nominees. ANCOR's Direct Support Professional of the Year

awards are presented annually in recognition of outstanding individuals currently providing supports and services.

Antoinette is committed to helping people achieve their goals and enjoy their successes. Last fall, she helped Dwayne apply for, and successfully interview for, a job at Six Flags Great America's Fright Fest haunted house. She took him to multiple interviews. After he got the job, she made herself available to ensure he got to work on time and back home safely. When the seasonal position ended, she supported him to get his dream job as a cook.

Dwayne said Antoinette is a hard-working person with a heart of gold. "She truly cares for me and my peers," he said. "Antoinette is a good listener. She is always there when I need someone to talk to. For everything she has done for me, I can truly say she is the best support worker I have had the honor to work with."

Antoinette works diligently to support individuals to maintain important relationships. When Gregg's mother moved out of state, she helped him learn how to use video chat to talk with his

mom weekly. April wanted to see her sister more often, so Antoinette helped coordinate more frequent get-togethers.

Antoinette goes above and beyond in other ways, too. While working with a person who needed one-to-one support because of challenging behavior, she created a plan to help him enjoy life to the fullest by exploring the community, volunteering, and participating in activities and hobbies during the day.

Jen Hodges, director of Trinity Services Northwest, has watched her touch many people's lives. "She sees people as people and supports them to have the same goals and dreams that we all have. She inspires her peers to be creative and dig deeper as they continue on their own journey."

At Trinity, Antoinette is a true leader. She mentors and supervises staff, serves on a committee to increase staff retention, and actively advocates in Springfield and Chicago for laws to increase wages for direct support professionals.

For her part, Antoinette finds the work satisfying. "All my hard work is really, really paying off," she said. And, she expressed gratitude for the award.

Fun on the green



The 2019 Tom O'Reilly Golf Classic fundraiser was a success despite a deluge of rain. Trinity thanks all the participants, like the winning foursome: Mike Kaim, Chris Mott, Joe Bogdan, and Mike Bogdan.



A lively spring event

The 2019 Red Berries and Bluegrass fest featured activities for all ages, such as a petting zoo and music by George Portz and the Friends of Bluegrass. The ALFA Foundation fund-raiser, held in May, benefits Trinity's Mascoutah-based programs.



New fitness activities take off in Network 2

People served by Trinity's Network 2 are participating in the "I Can Do It!" health promotion offered by the U.S. Department of Health and Human Services.

In April, Trinity had a special visitor, Dr. Tom Moran, Professor of Adaptive Physical Education at James Madison University in Virginia. During a day-long visit, he toured various program sites in the Wilmington area (Network 2). Participants in the Community Day Services

program hosted a healthy lunch and told him about their new healthy habits.

Dr. Moran presented them with program participation awards. That participation had helped their network earn a grant to buy adaptive equipment. Now folks with mobility impairments can also say, "I Can Do It!"



Celebrating the group's achievements (at left) are: Robbie, Margaret, Erin, Michael, Tom, Beth, and Chad. Enjoying pool activities are, top left: Joe, and above: Kim and Lisa. Top right: Mike, David, and Eric make use of noodles and other flotation devices. Below right: Justin and Corey pause for pictures.

Trinity earns Stevie Award

Trinity Services was honored in May with a Silver Stevie® Award in the category of "Organization of the Year—Nonprofit or Government – Large" in the 17th Annual American Business Awards®.



advancing its mission.

Recent advancements include the opening of Trinity Park Vista, a permanent sup-

portive housing development for people with disabilities (newly built in Northlake); expansion of The Branch: Well-Being and Enrichment Center; the expansion of Trinity's medical clinic; and the launch of the Technology Enhancing Capabilities (TEC) Lab.

Any U.S. organization is eligible—public, private, for-profit, nonprofit, etc. This year, more than 3,800 organizations competed from almost every industry, and more than 200 professionals worldwide judged about 12,000 entries.



Helping with spring cleanup at Majewski Park in Mt. Prospect are (from left): Joe, a local volunteer, and Darryl. The park is home to the Green White Soccer Club, a team that competes locally, nationally, and internationally.

Upcoming Events

June 18

Hospice presentation

June 20

Trinity Triumph 5K run/1K walk

July 19, 20, 21

Petals & Twigs annual tent sale

July 19

Red, White, and Blues at ROXY featuring The Hep Kats

Aug. 3

Country concert: Andrew Salgado & Darryl Worley at Rialto Square

Aug. 23

Trivia Night at ROXY

Sept. 14

Annual Dinner Dance & Auction

Holiday Office Closings

July 4

Independence Day

Sept. 2

Labor Day



pet treats ■ pet food ■ decor
■ clothing and accessories ■

815-476-5104



Numbers Tell Stories

19+

Trinity Counseling Center partnerships

Partnering with 19 local organizations, and dozens of colleges and universities, is one reason the Trinity Counseling Center is able to provide the highest quality services. Partnering removes several barriers that consistently prevent people from getting the mental health care they need.

One barrier is the stigma attached to mental health problems. Partner organizations help Trinity to raise awareness and normalize the need for therapeutic services. Transportation is another barrier. Trinity addresses this by bringing services to clients—into the schools, for example.

Waiting lists cause barriers that are also removed, in many cases, by offering therapy in various settings. Finally, cost is another frequent barrier. Trinity addresses it by accepting most insurance forms of payment, offering a sliding scale of fees, and working with partners who can decrease the fees further.

Following are some partners and the services they help to make possible.

Will Grundy Medical Clinic refers clients and sometimes helps them to pay. If the clinic is providing medication management to someone they think will benefit from therapy, they refer the person to use and pay (a discount rate) for sessions.

Will County Court mandates the Project Protect seminar for divorcing parents. Trinity offers the parents four options each month (three in English, one in Spanish). Organizations, such as Catholic Charities and St. Joseph's Hospital also may refer clients for Project Protect. In addition, the court sometimes orders anger management sessions for a person, and refers them to Trinity.



The Orland Park Police Department partners with the counseling center in the One Mind Campaign. Its goal is to improve police response to persons affected by mental illness. The police can call Trinity anytime, 24 hours a day, during a crisis, or refer a person once their crisis subsides.

Across the region, the counseling center participates in groups that are working to remove barriers and improve service quality. They include: Agencies United, CPAN, Community Services Counsel, Campus Community Response Team, Behavioral Health Alliance, MAPP Behavioral Health Action Team, Behavioral Health Advocacy, Will County Anti-Child Pornography and Sexual Exploitation Coalition, Linden Oaks Think Tanks, New Lenox Safe Communities, and its Suicide Prevention sub-group. In addition, Joliet Junior College refers students to Trinity for a mental health assessment if they appear to be in crisis.

Each year, 20 to 30 doctoral and master's students benefit as their colleges and universities partner with the center to provide them with training internships.

Rich South High School partners with the center to offer individual therapy for students on-site three days a week. The goal is to add groups, parent resources, and teacher training in the upcoming school year. Other local schools are also planning to provide the center's therapy services on site.

Another partnering group, the Holly Club, provides cash donations to assist low-income clients.

Department Contacts

Network I Andy Long	815-485-6197
Network II Anita Goulding	815-476-5405
Network III Mickey Gossen	815-485-6197
Network IV / Behavioral Health Mike Mecozzi	815-485-6197
Network V Lisa Dillon	815-485-6197
Network VI / Community Day Services Stephanie Leigh	815-485-8146
Network VII / Trinity Northwest Jennifer Hodges	847-299-2200
Network VIII / Southwest Illinois Mike Lowry	618-566-4200
Staff Development Trina Sieling	815-722-0166
North Central Illinois Jennifer Price	815-941-1503
Thane Dykstra President and CEO	815-485-6197
Ray Carmody Administrative Operations	815-485-6197
Tina Fogarty Chief Operating Officer	815-485-6197
Christina Chavez Quality Management Systems	815-485-6197
Sherry Ladislas Development	815-717-3750
Sharon Parker-Love Health Services	815-485-6197
Dr. Rajani Patwari Medical Director	815-320-7326
Sally Ritchey Information Technology	815-485-6197
Bob Taylor Financial Operations	815-485-6197




Use Trinity's Amazon Smile link:
<https://smile.amazon.com/ch/36-2194838>
 to donate every time you shop!

Hands-on science lessons



"Archaeologists" Cervando (above) and Anthony (right) make fossils during a hands-on science lesson. Connor (above right) observes some rain clouds the kids created.



Your estate planning starts here

Trinity will host a seminar, presented by Financial Planning Ministry, at 7 p.m. on Tuesday, Aug. 20, and again at 10 a.m. on Wednesday, Aug. 21 in the Community Room at its corporate center, 301 Veterans Parkway, New Lenox.

Dave Hess, who led the same seminar in March, will host it again.

So many of us put off creating our living trusts due to the expense. Now that is not a reason to put off your plan. Trinity is offering you an opportunity to get yours done for FREE! This easy-to-understand, one-hour seminar is very valuable.

Even if you have a will, you are urged to attend. A will does not prevent an estate from being tied up in probate court for a year or more. That process prevents your loved ones from receiving the estate. And, they must pay attorney fees to complete the process, which reduces the distributions.

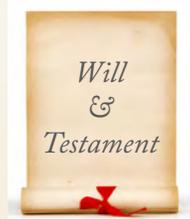
In Illinois, if your estate has assets of \$100,000 or more, and you have no living trust, it will go through probate. For example, a house, a 401K or life insurance policy, and two vehicles can easily add up to \$100,000. Financial Planning Ministry creates

living trusts that protect those assets.

They will also update your living trust or a special needs trust for free.

An estate planner will explain trusts and provide literature at the event. Afterwards (usually within two days) participants will receive an email with a link and a code. They can then schedule a time to meet when the estate planner returns in about three weeks.

To RSVP, call the Development office at 815-717-3750, or email Sherry at sladislas@trinityservices.org.



Darryl Worley

in Concert

with Andrew Salgado

Saturday August 3, 2019

Rialto Square Theater

VIP: 5:00 p.m.

General: 6:00 p.m.

Show: 7:00 p.m.

All Proceeds Benefit
Trinity Services
www.trinityservices.org



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OR CALL TICKETMASTER AT 800-745-3000





Have you had the conversation?

Conversations that focus on your end of life wishes and beliefs will relieve loved ones and healthcare providers of the need to guess about the care you would want if you cannot speak for yourself.

If you would like to learn more about...

- Hospice

Inpatient - 24-hour case management of pain and symptoms that cannot be controlled in the at-home setting.

Respite - A planned, short-term "break" for the caregiver and family of the JACH hospice patient.

Residential - This level of care is dependent on bed availability with room and board the responsibility of the patient/family.

- Palliative Care

Palliative care is a focus on the relief of symptoms for those who have a serious illness.

- Bereavement

- Pediatric Services

- Medicare and Medicaid assistance

Presented by Joliet Area Community Hospice

Join us to learn about services available to you and your family.

**2 p.m.
Tuesday, June 18**

Please RSVP by calling the Development office at 815-717-3750.

301 Veterans Parkway, New Lenox, IL 60451
Presentation will take place in the Community Room

ShopTrinity

Petals & Twigs

A gift shop in a Victorian home offering home décor, candles, and much more. 815-485-5976
www.petalsandtwigs.com

Trinity Barkery

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Left: Thomas talks about his artwork at the opening of the Arts of Life exhibition. He and Valeed (right) had several pieces on display.

Artists shine at North Shore gallery

A unique art competition resulted in the exhibition of artwork by three people who are served by Trinity.

Inside the Box was the first juried exhibition presented by the Arts of Life OPEN Gallery in Glenview.

The three artists chosen to participate are Thomas, Valeed, and Michael. Their work was featured this spring alongside works from other artists of all

levels and abilities. The exhibit kicked off with a Friday reception, and ran from March 22 to April 26.

The exhibition gave priority consideration to artists living in the North Shore region of Chicago. Exhibition pieces had to be square in shape and no larger than three feet on the sides. OPEN Gallery is located at 1963 Johns Dr., Glenview.

Summer program for teens with autism

Throughout July, Trinity will offer a Summer Social Skills Program for teens with autism. The pilot program is for students enrolled in local, specialized high school programs. It offers a curriculum beyond what local schools, park districts, and recreation organizations can provide. Internships, volunteering, and pre-college experiences help young adults clarify their interests, gain skills, develop networks, and expand their resumes. Many programs for students with high functioning autism and similar diagnoses are not accessible to youth in Will County. This opportunity fills that need during the summer months. For details, email Brad at bczochara@trinityservices.org.

2 1/2 COMICS
SYNAPSE PUBLISHING & ENTERTAINMENT PRESENTS

BOB JAY
Bob Jay, also known as the man of 999 voices, is an amazing impressionist/comedian who has performed at clubs and colleges around the country including, Zanies, the Improv, the Funny Firm, Who's On First, the Comedy Womb and Barrel of Laughs.

ANNIVAR
Annivar is a former ABC-Chicago TV producer who has been doing stand-up since 1987. He has performed at clubs and colleges throughout the country including Zanies and the Improv, among others. He was also a semifinalist in the Doral National Comedy Search.

SATURDAY, JUNE 29, 2019

ROXY
1017 STATE STREET, LOCKPORT

DOORS OPEN AT 7:00 P.M.
SHOW STARTS AT 8:00 P.M.

CASH BAR AVAILABLE

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