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Don't miss...



24th Annual Tom O'Reilly Memorial Golf Classic on Thursday, May 18. Join some cherished icons—Uncle Sam, Rosie the Riveter, Ben Franklin, Jackie Kennedy, Lincoln, the Statue of Liberty—for a day of fun. See page 7.

Mission

To provide the highest quality, person-directed services and supports to people with disabilities and mental illness so that they may flourish and live full and abundant lives.

A Message from the Director

New opportunities for excellence

Show me someone who has accomplished something great, and I'll show you someone who has overcome adversity. — Lou Holtz

Spring weather is famously changeable and the changes at Trinity are no less interesting. We have a number of promising indicators of what's to come.

Planning is underway for the first-ever assistive technology conference for persons with intellectual/developmental disabilities (I/DD) in Illinois. Trinity anticipates that the event will trigger system-wide innovations that will put Illinois's programs on par with those in other states. You can read more about it on page 3.

A week-long visit by the Council on Quality and Leadership (CQL) has left Trinity with greater focus and energy. You can read more about our newest accreditation from CQL on page 6. We are fortunate to have CQL's support to help us remain focused on what's most important. No organization

(continued on pg. 2)



Planting now for a robust spring harvest

Mark is working with the Trinity horticulture program to prepare plants for spring. You can visit the website at www.trinitygreenhouse.com to download the Pre-sale Order Form and reserve your favorite flowers, plants, herbs and more. All proceeds benefit Trinity programs.

Message from the Director *(continued)*

will achieve high quality if it expends its efforts on the things that don't matter.

I believe our highest calling—what matters most at Trinity—is to assist the persons we serve to become more than what they thought they could be. I consider that to be my life's work and it brings me the greatest sense of satisfaction.

But often, that is not easy to do. Frequently, success will boil down to confidence. Most people fall short of a goal or don't achieve happiness because they think they can't. They get discouraged, they never start, they aren't willing to work hard enough, they lose track of the right path to their goals, or they don't fully commit to that path. Very few people have failed because of over-confidence.

The Person-Centered Excellence accreditation points us to True North: supporting and empowering people to achieve their goals and dreams. Our support can be the difference between a person finding or not finding the confidence they need to succeed.



Sincerely,
Art Dykstra

New housing option opens in Edwardsville



Recently, six persons served by Trinity moved into the May Apartments in Edwardsville, Illinois. The newly renovated, 60-unit complex is located in the heart of town. The move was made possible by a collaboration between the residents, Trinity Services, and the Illinois Department of Human Services (DHS).

In 2015, DHS began the Supported Housing Initiative. It is set up to assist persons with disabilities to receive the amount of support they desire, and to control their homes. The apartments are funded under this initiative.

Trinity provides services, such as employment assistance, transportation, education, and skill development. Overnight staff is not provided, but each apartment is equipped with an electronic security system. It is based on sensors (not video technology), which allows for non-intrusive support, such as alerting residents if a door or window is ajar.

Privacy and independence are key. Currently, persons living at the May Apartments receive support that ranges from 20 to 53 hours a week.



June 22, 2017

Celebrate the triumphs and achievements—large or small—of yourself and of persons served at Trinity. Check in at 6 p.m.

Trinity Triumph 5K Run/Walk

In Brief

Concert gala the best yet

Trinity gratefully acknowledges the hard work of a volunteer planning committee and event night volunteers who made this year's Holiday Concert Gala a warm and memorable evening. In its third year, the fund-raiser was the most successful yet, with a near-capac-

ity crowd. Many people left with new friends and fond memories.

ABLE accounts begin

The Illinois ABLE program offers persons with disabilities or mental illness the option to save for disability-related expenses without compromising

their federal, means-tested benefits.

Illinois ABLE is a member of the National ABLE Alliance, a partnership of 14 states that work together to provide ABLE services in an efficient way.

To sign up for your ABLE account, go online to <https://savewithable.com/il/home.html>.

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Staying active with winter games



Trinity friends enjoy the winter games hosted by Special Olympics. Far left: Joe (center) receives a medal along with other Chicago-area athletes. Left: Lydia, Darryl, Joe and Michael celebrate their achievements. Above: The cold is no deterrent for friends (left to right) Darryl, Michael, Lydia and staff member, Carly.

Families, service providers, state leaders to meet as tech event debuts in Tinley Park

Today, most Americans use digital and online resources daily. More and more, this is seen as a need, not a luxury.

The pairing of assistive technology

it serves. Its newest effort involves the first-ever, statewide assistive technology conference for persons with disabilities in Illinois.

The event will be held June 6 and 7 at the Tinley Park Convention Center. It is co-hosted by the National Association for QIDPs (NAQ).

The event will provide tools and resources for individuals with disabilities, families, direct support staff, and decision makers at the state and provider levels. All of the featured technologies are proven, affordable and based on person-centered principles.

Topics will include how to identify AT that can support a person's goals and dreams, how to remove barriers to accessing AT, and how to support a person to use AT to engage in competitive employment, live more independently, manage complex medical needs, and/or fully participate in the life of his/her community.

The event has two additional sponsors—the Illinois Department of Human Services, Division of Developmental Disabilities, and The Coleman Foundation. Details are online at www.qddp.org.



(AT) and digital technology is rapidly expanding options for persons with disabilities. Unfortunately, a majority of persons served by Trinity and other community-based providers have extremely low incomes, with no Internet, mobile phone or cable TV in the home.

Trinity is committed to addressing the many possibilities and challenges of today's technologies for the persons

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Around Town



Capturing the charm of winter



Trinity friends recently made snow globes at the Social Center with everyday ingredients, such as jars, mineral oil, dish soap and glue.

Above: Mike and Marshall test their completed projects. **Top right:** Sheryl preps a jar. **Right:** Chris is pleased with the result.

The Social Center offers classes and fun activities several days and nights a week. Activities are open to all persons served in Trinity's residential programs.

Some activities held this winter included a Valentine's Day party, ice skating, exercise games and a Chicago Bulls viewing party.

Volunteers who can teach a skill or share a hobby are welcome. For details, call Elise English at Trinity's Corporate Center, 815-485-6197.

Karaoke night



I got you
to love
me so.

Karaoke is warming up the season at the Social Center in New Lenox. **At left:** Mike and Val sing the Sonny and Cher hit "I've Got You, Babe" as the words display on a large screen (above).

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Upcoming Events

April 10 – 14

Trinity School spring break

May 1

Trinity Greenhouse (horticulture)
opens for walk-in sales

June 6 & 7

Trinity and NAQ host first assistive
technology conference

June 22

Trinity Triumph 5K run / 1K walk

Holiday Office Closings

May 29

Memorial Day

Numbers Tell Stories

72

Nursing students interning at Trinity

Through a partnership with the Chamberlain College of Nursing, Trinity is enhancing the medical supports it provides. Chamberlain students can now get clinical experience at a number of Trinity's Joliet-area houses and Adult Learning programs. Each year, about 72 students participate—six at a time at two Trinity locations for each of the program's six semesters.

The students lead informative presentations on health topics that Trinity staff suggest. Both the staff and persons Trinity serves have learned about topics, such as heart health, low vision issues, hand washing, falls, and wound care.

The students also spend some of their time helping Trinity's medical staff with clerical work and recording "vitals", such as blood pressure and weight.

The primary goal is for the students to learn about persons who have intellectual/developmental disabilities so they can provide informed care once they graduate. Supervised by Visiting Professor Susan Pickell, MSN, the interns accompany and observe the persons Trinity serves every Tuesday and Wednesday.

One assignment involves not providing medical care but simply learning about a person's abilities, interests and activities. Prof. Pickell finds that students who spend time interacting with persons who have I/DD, even on a non-medical basis, can gain valuable insights for their nursing work.

Trinity appreciates this partnership for two reasons. The persons served are learning and enjoying the new relationships. And, the benefits are likely to include more well-informed, compassionate care for persons with disabilities in the region's medical facilities.



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Trinity earns person-centered accreditation with distinction

This winter, Trinity was again awarded Person-Centered Excellence Accreditation with Distinction from the Council on Quality and Leadership (CQL).

The partnership with CQL requires Trinity to engage in a rigorous process of reviews and improvements. This work culminated in November with the four-year accreditation.

Trinity gratefully acknowledges all of its employees, leaders and supporters. Their ongoing efforts make this level of achievement possible.

Since 1992, Trinity has earned the highest accreditation possible. It



is one of just six organizations in the U.S. to hold its current, elite status.

CQL, an international group, works exclusively with organizations that serve persons with developmental disabilities.

In its final review, the Council praised Trinity specifically for being a learning organization: "It strives to continuously improve, evolve and enhance its services and supports. The essence of the mission is well known,

respected and infused into the fabric of the organization. People are proud of what they do, what Trinity Services, Inc. stands for and that they are part of an agency that positively impacts all the communities in which they operate."



The review further praised Trinity for "a deeply embedded commitment to quality and supporting people to achieve their dreams. The agency is innovative and creative and is a leader in providing supports to people. The agency staff have a deep and abiding level of respect for each other, regardless of position."

This accreditation confirms that Trinity demonstrates proficiency in Basic Assurances® (safeguards related to health, safety and human security); Personal Outcome Measures (supporting and empowering people to achieve their goals and dreams); and, Person-Centered Excellence® (commitment to continued enhancement of systems).



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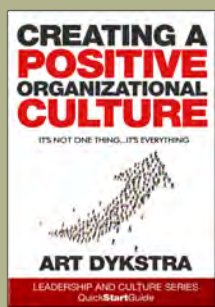
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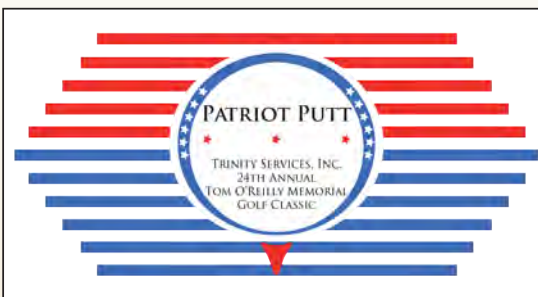
Above left: Cole pours one substance into another. He can't contain his excitement (bottom left) at the mini explosion he ignited with vinegar and baking soda. The experiment was done during the Trinity School science fair. Also participating are the teacher, Laurie, and Alex.

Golf outing a patriotic salute

Trinity will host the 24th Annual Tom O'Reilly Memorial Golf Classic on May 18 at the Odyssey Country Club in Tinley Park.

dinner, a registration gift and awards.

The price is \$195 per golfer, \$780 per foursome, or \$50 for dinner only. Please RSVP by May 5.



Join some of America's most cherished icons including Uncle Sam, Rosie the Riveter, Benjamin Franklin, Jackie Kennedy, Abraham Lincoln, the Statue of Liberty and more for a day of enjoyment benefiting Trinity Services, Inc.

You will enjoy a riding round of golf, a one-hour golf clinic, a complimentary bucket of balls, a buffet lunch, pop, beer and snacks on the course, a complimentary specialty drink and cigar on holes 5 and 16,

Sponsorship opportunities are available at ten levels. They range from Event Sponsor at \$5,000 to Tee Sponsor at \$100. The company receives recognition, such as its name on a sign at a tee box, its ad in the program book, and/or a listing as a sponsor on Trinity's website.

Auction items are needed. Trinity would greatly appreciate donations of sports-related items such as MLB, NHL, NBA or NFL tickets. Please submit them by Thursday, May 1.

Registration is from 10:30 a.m. to noon. Lunch begins at 11 a.m. A shotgun start follows at noon. At 5:30 p.m. cocktails and a silent auction begin, followed by dinner at 6. To order, call the Development office at 815-717-3750.



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